

Some selected exercises from  
Lewis Rainbow's drum book **MegaMatrix**

From page #6 & 7      Linear Foot Ostinatos vs. Linear Hand Patterns

(A)

4/4 time signature, common notation.

Hand pattern: Cross, Cross, Cross, Cross.

(1)

4/4 time signature, common notation.

Hand pattern: Down, Down, Down, Down.

(B)

4/4 time signature, common notation.

Hand pattern: Cross, Cross, Cross, Cross.

(3)

4/4 time signature, common notation.

Hand pattern: Down, Up, Down, Up.

(C)

4/4 time signature, common notation.

Hand pattern: Cross, Cross, Cross, Cross.

(5)

4/4 time signature, common notation.

Hand pattern: Down, Up, Down, Up.

From page #10 & 11      Linear Left Side Ostinatos vs. Linear Right Side Patterns

(D)

4/4 time signature, common notation.

Hand pattern: Cross, Cross, Cross, Cross.

(20)

4/4 time signature, common notation.

Hand pattern: Down, Up, Down, Up.

(E)

4/4 time signature, common notation.

Hand pattern: Cross, Cross, Cross, Cross.

(22)

4/4 time signature, common notation.

Hand pattern: Down, Up, Down, Up.

(F)

4/4 time signature, common notation.

Hand pattern: Cross, Cross, Cross, Cross.

(24)

4/4 time signature, common notation.

Hand pattern: Down, Up, Down, Up.

## More selected exercises from Lewis Rainbow's drum book

# MegaMatrix

From page #20 & 21

## Linear Hand Ostinatos vs. Linear Foot Patterns

A musical staff on a treble clef staff line. It begins with a circled letter 'A'. The first measure contains four eighth notes. The second measure contains two sixteenth notes, followed by a bar line, and then three more sixteenth notes.

A musical staff in common time with a key signature of one sharp. It features a repeating eighth-note pattern: a note with a vertical stem followed by a note with a diagonal stem. The first measure starts with a quarter note. Measures 2 through 5 each begin with a eighth note. Measure 6 begins with a quarter note.

A musical staff with five horizontal lines and four spaces. It features a common time signature (indicated by 'C'). The notes are eighth notes, except for the first one which is a quarter note. Above the first note is a small circle containing the letter 'E'. The notes alternate in head shape: quarter note, eighth note, quarter note, eighth note, quarter note.

From page #42 & 43 Linear LH/RF Crisscross Ostinatos vs. Linear RH/LF Crisscross Patterns

A musical staff with four measures. The first measure starts with a circled 'L'. Each measure contains four eighth notes. Vertical dashed lines group the notes into pairs of two. Measures 2, 3, and 4 each have a circled 'S' above them.

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